

Mitigating Risks –
Managing Donations, incl.
Safer Formula
Working with Sites
Working with Media

SafeInfantFeeding.org

Session 3 Homework

- 1. Review Handouts
- 2. Field / Community Experience volunteer on-site for 1-2 hours if possible.
- 3. Complete the evaluation for this session.
- 4. Make suggested donation of \$5 per session (optional, but appreciated!)

Additional handouts & resources follow.

1. Review Handouts

See the list of handouts on the next page for links to individual handouts. The handouts listed below are new this session unless noted. Links to some helpful previous handouts are included later in this document for your convenience.

- Infant Feeding Safety Scale (Hierarchy of Safe Feeding)
- Contacting Sites Template
- Safe Formula Storage guidelines full page
- NC DHHS Feeding Infants in a Disaster whitepaper
- Safe Infant Feeding Supply Distribution
- "Safe Infant Feeding Tips for Families" poster
- SAFE Handout Booklet (for convenience, from session 2)

2. Field / Community Experience

The best way to get comfortable working with families and sites is to do it. You don't need to wait for an emergency situation to occur - there are families everywhere who do not have reliable access to safe water and other resources needed to safely feed children under 3 years old, and organizations that try to meet their needs.

Try to attend an event or volunteer with an organization for 1-2 hours in the next month. If possible, try to both help with organizing feeding items and talk with families using the RNA.

Suggested steps to follow:

- 1) **Identify an organization** that serves low resource people with young children. You may need to reach out to multiple organizations to find a suitable one. Examples include food banks, diaper banks, or possibly WIC, if you have access.
- 2) Prepare Write out what you want to say/ask. Use the Contacting Sites Template. Be sure to include:
 - a) Who you are, and your organization, if you want to claim one.
 We encourage you to call yourself something like an infant feeding specialist, and avoid titles referring to lactation.
 - b) Why you are calling. For this experience, you may want to state that you want to help the site organize their baby feeding items and help low-resource families be certain they are feeding their babies and young children as safely as they can with the resources they have access to.
 - c) Find out when it is convenient for them for you to help.
- 3) Call or email the organization If possible, volunteer to help at an event or during their open to the public hours. If not, you can help sort infant feeding items during volunteer hours. This may help build rapport for later public events.
- 4) **Ask to talk to families** about their feeding practices with their young children.
- 5) **Decide what you will bring.** See the lists below, and consider if you also want to bring kits, the Quick Reference Guide, or the DIY handout to give families.

Consider Bringing If Organizing Items

- Permanent marker, preferably black
- Safe Storage Guidelines
- Steps for Safe Distribution of Infant Feeding Supplies
- Safe Infant Feeding Tips for Families sheet, to hang up.
- QR code/link to resource page: https://safeinfantfeeding.org/sites/

Consider Bringing If Talking With Families

- Safe Infant Feeding Tips for Families, for reference & to hang up.
- Quick Reference Guide, or QR code families can scan to access it.
- Short referral list for other needs (opt)
- DIY Sanitation Kit handout
- Sanitation kits, if desired.
- QR code/link to resource page: https://safeinfantfeeding.org/families/

3. Complete the session evaluation



To track your attendance and help us improve, please complete the short evaluation as soon as possible. This will allow us to verify your attendance for the certificate of completion at the end of the series.

https://forms.gle/VeeMBUYYdXYzVJsXA

Handouts, Links & Resources



Family Resources - SAFE Infant Feeding

Videos and information for caregivers about safely feeding your baby or young child in an emergency situation.

https://safeinfantfeeding.org/families/



Site Resources - SAFE Infant Feeding

Videos and information for recovery sites to train staff and share with families about safely feeding infants & young children in an emergency situation.

https://safeinfantfeeding.org/sites/



Contacting Sites for IYCF-E Template

Use to connect with sites and organizations that are distributing infant feeding supplies to help them manage those supplies and directly support families. You will also want to ensure that they know your team is a resource.

https://safeinfantfeeding.org/app/uploads/2025/12/Contacting-Sites-Template.pdf



Infant Feeding Safety Scale

The relative safety of different ways to feed a baby. Use to help educate caregivers. (Spanish and English in same doc) https://safeinfantfeeding.org/app/uploads/2025/11/Infant-feeding-Safety-Scale.pdf





Safe Infant Feeding Tips for Families

Essential tips for families, with a QR code link to other resources.

English



Spanish



Safely Distributing Infant Feeding Supplies

When new donations come in AND a Discard / Throw Away:

- ☐ Formula and haby food with damaged, dented, bloated, or opened containers or those with broken interior or exterior sails.

 ☐ Used infant feeding items (base, bottles, all pump parts). When possible, distribute only new feeding items. Used electric pumps can be picked up by the SAFE seen some can be reused, depending on trand.
- SATE team some can be neured, depending on boand.

 Frommals and beby food that is expired, or will expire this month. Consider discarding from that will expire neur month, especially if your site serves few bables and young dislices.

 Prevented or legal infert firensisk that has been exposed to extreme heat or
- □ Providend on liquid infant formula that has been exposed to extreme hotel freezing, as this may alian runtim availability-balloig and container infagility.
 □ Concentrated formula liquid formula that says "ADD WATEH" then in small cars) as these are often reofgreganed safely and lard clear instruction.
 Social formula in a secured waster receptable to ensure that unsafe product will not

Account formula in a secured waste receptable to ensure the accessed by others and fed to bables. # Mark P. Ormanino Execution Suppolice for Reset

- Mark & Organize Feeding Supplies for Best Safety
 Write expiration dates on the top and front of formula containers with permanent marker (i.e. EXP: Jun/27)
- Wissal Organization of Infant Feeding Area
 Hide Feemals from view when practical. A drape over a shelf with a sign works
 In front Tangel-Scheel, Commal (Vigid. A sheady prepared formula, aka RTF).
 Next to RTF NEW teats-bottle nippies and bottles.
- □ In front, easy to see NEW electric or manual brassis purps.

 □ Bloss alter seiner E. sandstront of E. resiliability proposed formula.

 □ Moor These Brens to Other Areas

 □ For cleaser ship of femilies selecting an inappropriate item, storedisplay separately.

 □ For Older Châldren todder formula, formula for age 1+, day mic powder

 Medical Fordebreakdes host feeting productive/secure nutrition.
- won a upon in manpie singuagea, it appropriately near the normal station indicating the are available if your community would be comfortable asking for what they need.

 If Inform Caregivers
- Post the "Safe infant Feeding Tips for Families" poster near the infant feeding items.

 Breastfeeding & Human Milk

 Minutes will in inhabit with deports nomen information places contact the
- | If human milk is labeled with donor's contract information, please contact the SAPET. Team is support information this manning. | If human milk is surishabeled and/or thawerd, discard or donate to a pig farm. | For those serving human breast milk, conor milk milk yet available. Contact up to con support breastfeeding by having a private area available for lactacle and signs porting to this space.
- | For more information: | View a brief training viseo, print posters, or access additional resources at | Prips://sateinfantheding.org/

Safe Infant Feeding Supply Distribution

A 1-page (legal paper) reference guide for distribution sites on how to receive, maintain, and distribute infant feeding supplies such as formula, bottles, cups, pumps, etc in a safe and healthy manner.

https://safeinfantfeeding.org/app/uploads/2025/12/Safe-Infant-Feeding-Supply-Distribution.pdf



Safe Formula Storage Guidelines

Guidelines for storing formula so it keeps its nutritional value and remains safe to feed a baby.

Storing Factory Sealed (Unopened) Infant Formula



https://safeinfantfeeding.org/app/uploads/2025/12/Storing-Formula-Unopened.png.pdf

Storing Opened Infant Formula

Helpful for families and shelters.



https://safeinfantfeeding.org/app/uploads/2025/12/Storing-Formula-Opened.png.pdf







NC DHHS Feeding Infants in a Disaster whitepaper

Guidelines from the state of North Carolina for infant feeding in emergencies.

English



Spanish





CDC Rapid Needs Assessment

Rapid Needs Assessment Intake for Infant and Young Child Feeding in Emergencies

https://www.cdc.gov/nutrition/emergencies-infant-feeding/downloads/pages/Rapid-Needs-Assessment-Intake-Form-IYCF-E-508.pdf



SAFE Simplified Rapid Needs Assessment

SAFE Infant Feeding Field Rapid Needs Assessment. Designed to be more conversational.

https://safeinfantfeeding.org/app/uploads/2025/12/Simplified-Rapid-Needs-Assessment.pdf



SAFE Infant Feeding Quick Reference Guide

This is the final version of the handout booklet we distributed in western NC after Helene. **Includes instructions for:**

- Cleaning Feeding Items / Limpieza de Artículos de Alimentación Infantil
- Sanitizing Feeding Items / Desinfección de los Artículos de Alimentación Infantil
- Cup Feeding Infants / Alimentación con Vaso
- Hand Expression / La extracción de leche con las manos
- Powdered Formula Preparation / Fórmula Infantil Comercial en Polvo
- Supporting Chestfeeding/Breastfeeding in Stressful Situations / Apoyo a la lactancia en situaciones estresantes
- Human Milk Storage Guidelines / Guía para almacenar la leche humana
- Formula Storage Guidelines / Guía para almacenar formula infantil

This booklet may be used in emergency response situations as-is, or co-branded with your organization contact information. https://safeinfantfeeding.org/app/uploads/2025/11/SAFE_Feeding_V isual Handouts Booklet SIF.pdf



DIY SAFE Infant Feeding Sanitation Kit

- fixeding forms. See booklet (Inload on <u>unfestionTeacing orgition</u>
 use and other instructions.

 A small plastic bin 6 qt shoebox size works well
- Bikesh regular, additive-free, not splash-less.
 NO fragrance, low/No-oplash, or fabric potectant. Regular Clorox & test green Clorates are such types.
 Baby bottle brush with nipple cleaner

Dish seep - 6-12 or size if storing in bir
 Stops to Sanitary & Safe infant Feeding Supplies in Emergency Situations:
 Make water safe to drink -> Clean & rinse -> Sanitae -> Air Dry

Fifter if necessary. Use water that's Boil or delefect. Use a mesh bag or Boil or delefect. use to delek. Do NOT rives. sankary surface.

For more lefe & tips: info@sale/derflooding.org Sale/short/Seeding.org/broiles/

DIY Infant Feeding Sanitation Kit

Instructions for making your own sanitation kit, as the SAFE Team used them in WNC, for disinfecting infant and young child feeding items such as bottles, nipples, pump parts, and sippy cups. For responder or family/caregiver use.

English:

English prints as 1/2 page standard letter paper, 2/page.

https://safeinfantfeeding.org/app/uploads/2025/12/DIY-Sanitati on-Kit-Components-English.pdf



Spanish:

Spanish prints as 1/2 page LEGAL size paper, 2/page.

https://safeinfantfeeding.org/app/uploads/2025/12/DIY-Sanitati on-Kit-Components-Spanish.pdf





Support the SAFE Team

Our Services Include:

- Public training programs like this one.
- Advice/guidance regarding IYCF-E in preparedness
 & emergency response.
- S3C Virtual Support Sessions for IYCF-E advocates.
- Custom training programs for organizations (fee)
- On-the-ground disaster response &/or training when invited & available.

Please donate to support this work.
Select SAFE Team.

SafeInfantFeeding.org

Suggested donation -\$5 per session