

# Baby Carrying Resources

Baby carrying, often called babywearing, is especially helpful during an emergency situation.

## Key Points of Baby Carrying in Emergencies

- Carriers must be clean and in safe condition.
- Carriers should be distributed with education.
- Carriers should be handed out by people knowledgeable in baby carrying / babywearing.
- If needed, prioritize exclusively chestfeeding/ breastfeeding parents.
- Caregivers desiring to breastfeed/chestfeed while carrying should become skilled at each alone before being guided on how to safely combine them.
- Baby carrying is an integral part of some cultures, and their way of carrying may look different than our expectations.

## Evaluating Donations

Baby carriers can be expensive, especially quality models. Donations tend to be in short supply during disaster response and recovery, and many donations are used. Try to have someone very knowledgeable about carriers sort donations, even of new products, to ensure they are safe for distribution.

Here are some guidelines and checklists:

- **Baby Bjorn Pre-Loved Safety Checklist**  
Baby Bjorn offers a Checklist for how to ensure that a pre-owned BabyBjörn product is safe to use.
  - <https://www.babybjorn.com/pages/shop-pre-loved/>
- **Consultant's Toolkit: How to Help Clients Buy Secondhand Baby Carriers Safely**, from the Center for Babywearing Studies  
This page explains how consultants can help parents locate and evaluate used carriers, and links to a pdf handout for caregivers.
  - <https://www.cbws.org/blog/secondhand-carriers-guide-for-babywearing-education>

## Why call it baby carrying?

Most people call it babywearing, so why does the SAFE Team use the term baby carrying?

Many cultures have used baby carrying as an integral part of their parenting methods for millennia. The term baby carrying is considered more sensitive and respectful than babywearing.





*This Resource Guide is sponsored in part by Baby Bjorn.*

[info@safeinfantfeeding.org](mailto:info@safeinfantfeeding.org)

828-809-3301

[SafeInfantFeeding.org](http://SafeInfantFeeding.org)

## More Baby Carrying / Babywearing Resources




	<p><b>Learn More About Baby Carrying &amp; Safety</b></p> <ul style="list-style-type: none"> <li>• <b>Feeding in Motion project</b> - Integrating Babywearing Basics into Prenatal Breastfeeding Education. Meagan Pa, DNP/WHNP-S, IBCLC &amp; Cassidy Eisenfeld, CBE <ul style="list-style-type: none"> <li>○ <a href="https://feedinginmotion.com/">https://feedinginmotion.com/</a></li> </ul> </li> <li>• <b>Jordan Morillo</b>, Occupational Therapist &amp; Certified Babywearing Consultant <ul style="list-style-type: none"> <li>○ <a href="https://www.motherhoodtherapyservices.com/about">https://www.motherhoodtherapyservices.com/about</a></li> </ul> </li> <li>• <b>Joanna McNeilly</b>, Founder, Center for Babywearing Studies <ul style="list-style-type: none"> <li>○ <a href="https://www.cbws.org/">https://www.cbws.org/</a></li> </ul> </li> </ul>
	<p><b>Crisis Feeding Support - Infant Regulation &amp; Baby Carrying</b></p> <p>This short guide explains why emergencies can disrupt infant feeding beyond milk supply, the benefits of baby carrying, and ways for caregivers to help settle babies before they eat.</p> 
	<p><b>Need Carriers for Distribution in an Emergency?</b></p> <p>Everyday and especially in times of disaster, BabyBjörn is proud to support the community in any way we can. In the unfortunate event that disaster strikes, and your community is in need of donations of baby carriers and other baby gear, <b>please reach out to <a href="mailto:care@babybjorn.com">care@babybjorn.com</a></b> so that we can support.</p>
	<p><b>Baby Bjorn's Educational Partner Program</b></p> <p>Join BabyBjörn's Educational Partner Program to be part of a community of professionals, receive information and resources from our expert partners, connect with other professionals at virtual and in-person events, and get the latest product information from BabyBjörn. You'll also receive a one time 50% discount on products for building out a sample library of demo products.</p> <ul style="list-style-type: none"> <li>• <a href="#">Educational Partner Program – Fill out form</a></li> </ul>

*This Resource Guide is sponsored in part by Baby Björn.*

[info@safeinfantfeeding.org](mailto:info@safeinfantfeeding.org)

828-809-3301

[SafeInfantFeeding.org](https://SafeInfantFeeding.org)

	<p><b>Learn More About Baby Carrying &amp; Safety</b></p> <ul style="list-style-type: none"> <li>● <b>Feeding in Motion project</b> - Integrating Babywearing Basics into Prenatal Breastfeeding Education. Meagan Pa, DNP/WHNP-S, IBCLC &amp; Cassidy Eisenfeld, CBE <ul style="list-style-type: none"> <li>○ <a href="https://feedinginmotion.com/">https://feedinginmotion.com/</a></li> </ul> </li> <li>● <b>Jordan Morillo</b>, Occupational Therapist &amp; Certified Babywearing Consultant <ul style="list-style-type: none"> <li>○ <a href="https://www.motherhoodtherapyservices.com/about">https://www.motherhoodtherapyservices.com/about</a></li> </ul> </li> <li>● <b>Joanna McNeilly</b>, Founder, Center for Babywearing Studies <ul style="list-style-type: none"> <li>○ <a href="https://www.cbws.org/">https://www.cbws.org/</a></li> </ul> </li> </ul>
	<p><b>Crisis Feeding Support - Infant Regulation &amp; Baby Carrying</b></p> <p>This short guide explains why emergencies can disrupt infant feeding beyond milk supply, the benefits of baby carrying, and ways for caregivers to help settle babies before they eat.</p> 
	<p><b>Virtual Consultation - BabyBjörn product expert</b></p> <p>Schedule a Virtual Consultation with a BabyBjörn product expert to learn more about baby carriers and other Baby Bjorn products, get help with fitting a baby carrier, or get information on safe use.</p> <ul style="list-style-type: none"> <li>● <a href="https://app.acuityscheduling.com/schedule/b31f14d9">https://app.acuityscheduling.com/schedule/b31f14d9</a></li> </ul>