SAFE Infant Feeding Field Rapid Needs Assess.

**Purpose:** Discover unmet infant or young child feeding needs after a disaster or other emergency. Works best at a shelter, distribution site, or other place people go for help.

This rapid needs assessment is based on the one published by the CDC in their IYCF-E toolkit. Additional details about conducting a rapid needs assessment can be found at <a href="https://www.cdc.gov/nutrition/emergencies-infant-feeding/downloads/pages/Rapid-Needs-Assessment-Intake-Form-IYCF-E-508.pdf">https://www.cdc.gov/nutrition/emergencies-infant-feeding/downloads/pages/Rapid-Needs-Assessment-Intake-Form-IYCF-E-508.pdf</a>

# Summary

Facts to Learn:	Issues to Listen For:
<ul> <li>Feeding method &amp; how they want to feed</li> <li>Water source</li> <li>Cleaning/Sanitation method (if needed)</li> <li>Power source (if needed)</li> <li>Storage (if needed)</li> </ul>	<ul> <li>Health problems</li> <li>Changes in feeding</li> <li>Lactation problems</li> <li>Lack of safe water</li> <li>Need for supplies</li> <li>Improper storage/ inability to store safely</li> <li>Caregiver needs</li> <li>Emotional needs</li> </ul>

## Questions

- It's so nice to meet you. Who do we have here with you today? [if young child/baby is present]
- Hello! Do you have any babies in your life? [if only adult(s) present]
- May I ask, how are you feeding your baby/child?
- Can you tell me more about how feeding your baby/child is going for you?

# If chestfeeding/breastfeeding or mixed feeding:

- Can you tell me more about how chest/breastfeeding or expressing your milk is going for you?
- You are doing the very best you can for your baby.

# If using bottles, pumping, etc

What is your water source? [Ask as needed:]

- Is it easy for you to get more water, or are there challenges?
- What do they say about the safety of your tap water?
- Have you had your well tested?
- How are you cleaning your bottles/ pump parts/ feeding items?
- [If boiling] How are you boiling the water?
- What is your power source for your pump? Is it reliable?
- How are you storing unused milk/formula?

## **Uncovering other concerns:**

- Has anything changed in how you feed your baby/child since the emergency?
- [Infant] Were there any issues at birth that affected your baby's feeding, like being born early, small or sick?
- [Child] Are there any special needs or concerns you have related to your child's feeding?
- Is there anything else you want to share about feeding your baby, or other concerns you have?
- Is there anything you need to care for yourself?
- Ask caregivers if they need specific items. They may not know what they are missing, not realize it is available, or not be able to think well.
- [If appropriate and available] would you be interested in feeding your baby donor milk?

#### What to Do

- Refer medical needs.
- Refer lactation concerns.

Provide Education	Connect with Supplies
•	May be at the distribution center/shelter you are serving, or donated to your team.

- Making water safe
- Cold sanitation
- Safer formula feeding
- Safe milk/formula storage
- Hand expression or manual pump
- Cup feeding
- Baby carrying

- Cold sanitation kit / cleaning supplies
- Formula (preferably Ready-to-Feed (RTF) if safe water is inconsistent)
- Specialty formula
- Human donor milk (if available)
- Infant feeding supplies
- Baby carrier
- Special lactation supplies
- Other needs (food, finances, etc)

Based on the CDC IYCF-E Rapid Needs Assessment <a href="www.cdc.gov/infant-feeding-emergencies-toolkit/php/index.html">www.cdc.gov/infant-feeding-emergencies-toolkit/php/index.html</a> <a href="mailto:info@SafeInfantFeeding.org">info@SafeInfantFeeding.org</a> 828-809-3301 <a href="mailto:SafeInfantFeeding.org">SafeInfantFeeding.org</a>