



## Session 9 Homework - Running On-the-Ground Response

1. Review the handouts
2. Start or continue looking for your state/local core response team.
3. Discuss with your potential core team how you would approach an emerging event, initial communication, and scope.
4. Find and connect with your county emergency planning manager or group, local healthcare coalition, and/or your state VOAD, if you have not already done so.
5. Complete the evaluation for this session.
6. *Make a suggested donation of \$5 per session (optional, but appreciated!)*

*Additional handouts & resources follow.*



*The resource page for this session, including the edited replay when it becomes available, can be found at:*

[https://safeinfantfeeding.org/trainings/nourishing\\_resilience\\_virtual/iycfe-nr9/](https://safeinfantfeeding.org/trainings/nourishing_resilience_virtual/iycfe-nr9/)

### **1. Review Handouts & Resources**

See the list of handouts after the assignments for links to individual handouts. Handouts are new for this session unless noted. Links to relevant previous handouts are included for your convenience.

- **Determining Need for SAFE Feeding Support**
- **Disaster Response on an Island - Lessons from IYCF-E Response in Puerto Rico**
- **Deploying as an Individual or Small Group**

- **Infant Feeding Support for Clients in an Emergency - for Small Organizations & Individuals**
- **SAFE Team IYCF-E Response Overview**
- **Resource List Guide for IYCF-E Connections\***
- **Spreadsheet Templates - Operations/Locations Spreadsheet & Inventory/Logistics Spreadsheet**
- **Site (Exit) Posters - Safe Infant Feeding Supply Distribution\* and Safe Infant Feeding Tips for Families\***
- **SAFE Support and Strategic Core\*** - Quarterly Meetings
- *Standard Operating Procedure documents available on request.*

*\*Indicates previously distributed resources.*

## **2. Start or continue looking for your State/Local Core Response Team**

If your area's emergency preparedness team does not currently include IYCF-E, OR if they would need support from infant feeding specialists (tip - nearly all will need support), find your tentative core team.

Explore who might be willing to be part of this core group if/when an emergency occurs. Look to your local breastfeeding coalition, birth network, lactation professional organizations, or other groups of perinatal professionals. A great place to connect is other people in your state who are registered for this training series (ask us!), and our quarterly S3C meetings.

- Make a list of some potential people and reach out to them. Let us know if you want to connect with other trainees in your state.
- Find out who is willing to consider it. Help them know what this would involve. They do NOT need to commit at this time.
- Ensure that you trade contact info and store it in your phone contacts AND somewhere you could access another way. Include phone number and physical address as well as email and any socials you could contact them through.

## **3. With your potential Core Team, discuss how you would approach an emerging event, initial communication, and scope.**

During blue sky times (before an emergency occurs), start making some plans about what you would do. Understand that these plans are likely to change, especially if a major disaster were to happen. Reviewing the Small Orgs & Individuals - Supporting Clients in IYCF-E After a Disaster document before your discussion may be helpful.

**Together, discuss:**

- What emergencies are likely to come up in your area? Which would you possibly want to take action on?
- What actions would you want to take if there is an incident approaching or one that occurred?
- What scope of response you would probably be willing to do if/when an incident were to occur?
- Who will begin to develop relationships with the local emergency planning committee or emergency planner, healthcare coalition, state VOAD, or ongoing support organizations.
- How you will organize information now so it will be ready when needed. You can make copies of our spreadsheet templates and set up a shared Google Drive or OneDrive folder.
- How would you connect after an incident? Do you want to set up a potential meeting location? (See session 8 homework for more considerations)
- What organizations you can partner with for distributing educational information before incidents, teaching others, and getting volunteers if needed.
- Will you operate as a group of individuals or under the umbrella of one of the above existing organizations?

*Remember - you can always revisit the recordings of this training series, or reach out to us at 828-809-3301 or [safe@infantfeeding.org](mailto:safe@infantfeeding.org) to discuss your training & support needs.*

#### **4. Find and connect with your county emergency planning manager or group, local healthcare coalition, and your state VOAD.**

Having friendly contacts before an emergency makes an enormous difference. It can take time to find the right people and connect with them.

If you have not already done so, reach out to local and state organizations that handle disaster response in your area. See the [Resource List Guide for IYCF-E Connections](#) file for questions to ask and more tips.

#### **5. Complete the session evaluation**



To track your attendance and help us improve, please complete the short evaluation as soon as possible. This will allow us to verify your attendance for the certificate of completion at the end of the series.

## Handouts, Links & Resources

- **Determining Need for SAFE Feeding Support**
- **Disaster Response on an Island - Lessons from IYCF-E Response in Puerto Rico**
- **Deploying as an Individual or Small Group**

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	<p><b><u><a href="#">Determining Need for SAFE Feeding Support</a></u></b></p> <p>When a disaster or other emergency occurs, use this guide to help determine what kind of response, if any, is needed. An overview of 4 levels of response is included on the final page.</p>
 	<p><b><u><a href="#">Disaster Response on an Island - Lessons from IYCF-E Response in Puerto Rico</a></u></b></p> <p>Lourdes Santaballa, founder of Alimentacion Segura Infantil, shares insights and lessons learned during her efforts to ensure safer infant and young child feeding in emergencies in Puerto Rico. Her tips can help anyone interested in IYCF-E feel more prepared.</p>
	<p><b><u><a href="#">Deploying as an Individual or Small Group</a></u></b></p> <p>Considerations for individuals and small groups deciding to deploy to support emergency response. Includes a suggestions on what to bring and what to wear into the field, as well as topics to discuss if collaborating with other people.</p>
	<p><b><u><a href="#">Infant Feeding Support for Clients in an Emergency - for Small Organizations &amp; Individuals</a></u></b></p> <p>Guidelines for supporting individual clients during any type of emergency, including a micro-emergency. A helpful overview of information to learn during an RNA for people who have never taken this training, or a reminder for those who have.</p>



## [SAFE Team IYCF-E Response Overview](#)

An overview of how the SAFE Team ran their response that can serve as a guideline for groups needing to run a larger, organized operation.



## [Resource List Guide for IYCF-E Connections](#)

Suggestions on how to start your community resource list.



## [Operations/Locations Spreadsheet Template](#)

A template of the Locations & Operations spreadsheet that the SAFE Team used post hurricane Helene in western NC. Used to track sites, contacts, daily/urgent needs, a daily dispatch summary, and more. Save a copy to your computer or Google Drive (cloud access strongly encouraged) and start creating your partner/site list.



## [Inventory/Logistics Spreadsheet](#)

A template of the Inventory and Logistics spreadsheet that the SAFE Team used post hurricane Helene in western NC. Save a copy to your computer or Google Drive (cloud access strongly encouraged) so you have it for managing supplies when you need it.

### Safely Distributing Infant Feeding Supplies

When new donations come in AND at least monthly (more often if high turnover)

#### Discard / Throw Away:

- Formula and baby food with damaged, dented, cracked, or opened containers or those with broken liners or expired dates.
- Used infant feeding items (bibs, bottles, AP pump parts, when available, bottles, only new feeding items. Used bottles/pumps can be picked up by the SAFE team, none can be reused, depending on label).
- Formula and baby food that is expired, or will expire this month. Consider discarding these first and again next month, especially if you do not access the babies and young children.
- Expired or expired infant formula that has been exposed to extreme heat or freezing, or if the other nutrient availability possibly and chemical (pH).
- Concentrated formula (liquid formula that says "ADD WATER" often in small letters) do not use refrigerated only you can near refrigeration.

Discard formula in a secured waste receptacle to ensure that unused product will not be accessed by others and left to rot.

#### Mark & Organize Feeding Supplies for Donor Safety:

- Write expiration dates on the top and front of formula containers with a permanent marker (i.e. 5/27, Jan27).

#### Visual Organization of Infant Feeding Supplies:

- Write formula from new to oldest. A drop over a shelf with a sign works.
- Use bins: "Ready to Use" Critical (open, unopened formula, etc. 100%), "Need to Use" 100% ready to use (open, unopened formula, etc. 100%), "In Stock" ready to use (100% ready to use, unopened formula).
- Place safe water & sanitation kits (if available) near powdered formula.

#### Use These Steps to Distribute:

- To decrease risk of formula safety, an appropriate item, store/distribute separately.
- Use Date Children: Infant formula formula for age 11, dry mix powder.
- Medical Food/Products: Use feeding product/bottle source nutrition.
- Infants: Pediatric Clinic.

Consider holding extra formula and specialty formula (i.e. Nutrigenics) in the back with a sign in multiple languages if appropriate near the formula section indicating they are available if your community would be comfortable using for what they need.

#### Infant Caregivers:

Post the "Safe Infant Feeding Tips for Families" poster near the infant feeding items.

#### Screening & Human Milk:

- Thrombocytopenia: If donor's contact information, please contact the SAFE Team to support informed risk sharing.
- Thrombocytopenia: If donor's contact information, please contact the SAFE Team to support informed risk sharing.
- For those seeking human breast milk, donor milk may be available. Contact us.
- You can request breastfeeding to have a private area available for lactation and signs pointing to this space.

#### For more information:

Have a breastfeeding policy, want posters, or want additional resources at <https://infantfeeding.org>

Support & Advocacy for Feeding Emergencies [info@infantfeeding.org](mailto:info@infantfeeding.org)

## [Safe Infant Feeding Supply Distribution\\*](#)

A 1-page (legal paper) reference guide for distribution sites on how to receive, maintain, and distribute infant feeding supplies such as formula, bottles, cups, pumps, etc in a safe and healthy manner.

We developed and distributed this to use as one of our "exit posters" when winding down on-the-ground operations, though it can (and should) be distributed sooner once you have trust.



