

# Resources for families and the people who serve them



[safeinfantfeeding.org/durham](https://safeinfantfeeding.org/durham)

Every link below, plus the kit checklist, is on one page. Scan the code or type the short address.

## Feeding babies safely

- Infant Feeding Safety Scale: safest to least safe ways to feed a baby
- SAFE Quick Reference Guide, English and Spanish
- Preparing powdered formula safely in an emergency ([safeinfantfeeding.org/formula](https://safeinfantfeeding.org/formula))
- DIY cold sanitation kit, English and Spanish
- Storing formula safely, opened and unopened
- CDC Infant and Young Child Feeding in Emergencies Toolkit and CDC family resources
- Nourishing Resilience: free recorded IYCF-E training series

## Family preparedness

- American Academy of Pediatrics: disaster preparedness for families, including the Emergency Information Form
- Sesame Workshop: getting children ready for emergencies (English and Spanish)
- Ready.gov: Ready Kids
- National Pediatric Disaster Coalition: children and family resource library

## Emergency communication boards

- Temple University Institute on Disabilities: emergency picture communication aid
- Project Core, UNC Center for Literacy and Disability Studies: printable core vocabulary boards

*Many children communicate less under stress. Pack a printed board even if your child usually talks.*

## Durham County

- Alert Durham: free emergency alerts by text, call, or email ([dconc.gov](mailto:dconc.gov))
- Need help evacuating? (no car, medical equipment that needs power, a disability) Durham's online sign-up is not working right now. Call Durham County Emergency Services, (919) 560-8285
- Breastfeed Durham: feeding help in Durham ([breastfeeddurham.org](https://breastfeeddurham.org))

## Staying together

- National Center for Missing and Exploited Children: disaster reunification and family emergency playbooks
- Unaccompanied Minors Disaster Registry (active only in a declared disaster)
- National Child ID Program kit
- Team Adam: retired law enforcement who help find children separated in a disaster
- National Emergency Child Care Network: free emergency child care in a disaster or family crisis ([emergencychildcare.org](https://emergencychildcare.org))

*Pick a family code word. Make sure child care and other caregivers know your plan, and you know theirs.*

## More

- Disaster birth plan (National Child Traumatic Stress Network)
- Child Trends: toolkit for child welfare agencies after natural disasters
- Simple activities for children and adolescents, for long stretches at home or in a shelter (NCTSN)